

PRESS RELEASE

FOR INTEGRA TELECOM



FOR IMMEDIATE RELEASE

***Photo available upon request ***

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INTEGRA TELECOM INC. NAMES ROB SMITH SENIOR VICE PRESIDENT OF ARIZONA

Phoenix – Oct. 22, 2008 – Integra Telecom Inc., a leading provider of telecommunications and Internet services for business, promoted Rob Smith from vice president of customer care for Oregon to senior vice president of Integra Telecom of Arizona. In this role, Smith is responsible for overseeing the company's operations, services, and new business development throughout Integra's Arizona markets. He is based out of Integra's Phoenix office, located at 3540 E Baseline Road, and reports to Jim Huesgen, president of Integra Telecom.

"Rob has been an integral part of Integra's leadership team for the past several years and will be a tremendous resource for the Arizona business community," said Huesgen. "He understands the need to combine reliable products and services with a quality customer experience, and I look forward to working with him as we continue to grow Integra's Arizona presence."

Smith has more than 25 years of telecommunications and management experience, including more than eight years of leadership at Integra Telecom. His tenure with the company includes four years as vice president of information technology and four years as vice president of customer care. Prior to joining Integra, Smith worked as director of

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information services—as well as director of plant systems—for CenturyTel in Vancouver, Wash.

Smith graduated from the University of Idaho with a Bachelor of Science. He has been an active volunteer and soccer coach for more than 16 years.

About Integra Telecom

Integra Telecom Inc. provides voice, data and Internet communications to thousands of business and carrier customers in 11 Western states, including: Arizona, California, Colorado, Idaho, Minnesota, Montana, Nevada, North Dakota, Oregon, Utah and Washington. The company owns and operates a best-in-class fiber-optic network comprising metropolitan access networks, a nationally acclaimed tier one Internet and data network, and a 4,700-mile high-speed long haul network. The company has earned some of the highest customer loyalty and customer satisfaction ratings in the telecommunications industry. Primary equity investors in the company include Warburg Pincus, Banc of America Capital Investors and Boston Ventures. Integra Telecom, Electric Lightwave, Eschelon Telecom, Unicom and OneEighty Communications are registered trademarks of Integra Telecom Inc. For more information, visit www.integratelecom.com.

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